

Remember to



Wash Hands!

About Bloodstream Infections:

Germs can invade the body through cuts or breaks in the skin, resulting in serious infection that's carried through the body in the bloodstream.

Risk Factors:

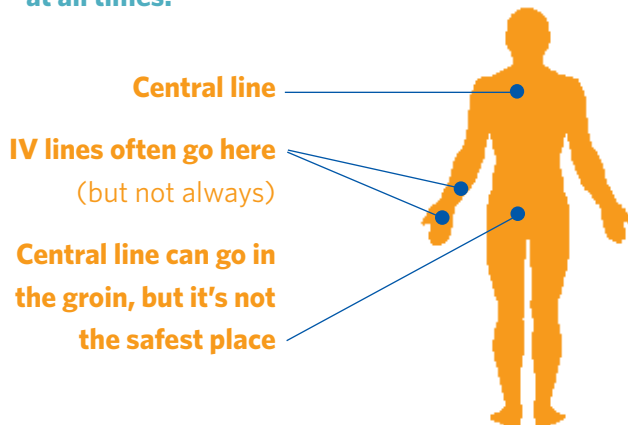
Use of a tube and bag system called an "IV" or a "central line" to deliver fluids.



Use this Checklist to

Help Prevent Bloodstream Infection

- ✓ When a central line is inserted, ask: "Are you using a central line bundle and checklist?"
- ✓ Watch to make sure that nurses and doctors **always:**
 - **Wash their hands thoroughly before touching your loved one**
 - **Use sterile instruments and supplies**
 - **Clean the skin with an alcohol wipe**
 - **Choose the safest spot**
Ask, "Why?" if groin is chosen
 - **Use a clean sheet to drape your loved one's body**
 - **Wear a mask**
 - **Cover the area with a sterile pad**
- ✓ **Make sure any openings in the skin are kept covered at all times.**





Get a Nurse if:

Your loved one shows signs of (or tells you about):

Chills , shivering

Headache

Confusion

Diarrhea

Extreme pain

Nausea

Fast heartbeat

Fast breathing

Check out **PartneringToHeal** — a great video for Care Partners. In just a few minutes, it shows how you can help prevent infection — and why your help is so important!

Notes:



Remember,
**It's OK to
Speak Up**