

Remember to



Wash Hands!

About Urinary Tract Infections:

A urinary tract infection (UTI) can develop when germs enter the body through a plastic tube used to drain urine. The bladder, kidneys and urethra can all be infected. (This infection is also called a “CAUTI” for Catheter Associated Urinary Tract Infection.)

Risk Factors:

Use of plastic tube and bag system for urine collection (called a “Foley” catheter)



Use this Checklist to

Help Prevent a Urinary Tract Infection (CAUTI/UTI)

- ✓ **Every day, ask if the Foley catheter can be removed.**
- ✓ **When no longer needed, ask the doctor for a written order to take it out.**
 - If not taken out as ordered, politely remind at every shift change until the tube and bag are removed from your loved one’s body.
- ✓ **Ask about the cleaning plan** *(daily is ideal).*
- ✓ **To prevent urine from going back into your loved one’s body, keep an eye on the tube for kinks and tangles, and straighten them.**
 - Make sure the bag hangs below your loved one’s stomach area so urine can’t back up the tube.
- ✓ **Make sure the bag is replaced when full.**

Get a Nurse if:

You see signs of (or your loved one tells you about):

- **Chills, shivering, body aches, headaches, confusion**
- **Pain or a burning feeling in the lower stomach area**
- **Lower back pain**
- **Blood in urine bag** (You may see a slightly pink color.)

Notes:



Remember,
**It's OK to
Speak Up**